





Health through Human Services







ANNUAL REPORT 2021



Dr. David A. Jordan President



John Altomare Jr., Esq. Chair of the Board

LETTER FROM THE PRESIDENT & BOARD CHAIR

In 2021, Seven Hills Foundation & Affiliates continued to lead the charge against COVID-19 and the changing landscape for the collective workforce, education, childcare, and mental and physical health. Through our diverse continuum of supports, we have the ability to connect our resources across our 14 affiliates, to provide the wraparound services needed so desperately in our communities.

At the core, we have established our Seven Hills Behavioral Health (SHBH) System of Care, providing all levels of mental and behavioral health supports, with centralized referral and rapid intake. The SHBH System of Care is set up to treat the whole person, identifying the root and ancillary stressors that are disrupting a person's ability to thrive—stressors such as poverty, food insecurity, chronic physical and mental health issues, and a myriad of barriers to achieving optimum health and wellness.

As a leader in the health and human services sector, Seven Hills Foundation & Affiliates has the vision to see the bigger picture and capacity to develop the human services infrastructure that is adaptable to handle monumental challenges for the greater good of our communities, collectively, and members, individually.

With an unwavering focus on Health *through* Human Services, we continue to call upon our professional staff whose expertise encompasses the scope of social care, to communicate and collaborate across affiliates. This cross-collaboration results in outcomes that set the trends, project future needs, and, ultimately improve the mental, physical, and emotional health of our individuals, our families, our society.

We have weathered a tumultuous storm, the ripples of which we are all still navigating. Yet, leaders must emerge stronger, ready to steer the course of health through human services on a path to cohesive mental and physical care with supports to frame the emotional and environmental infrastructure each and every one of us needs to feel well and flourish.

Dovid A. Jordan
President

John Altomare Jr., Esq. Chair of the Board

John a Albourre

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ACCETC

Cash	29,283,170
Accounts & pledges	
receivable	
Deposit with trustees	
Prepaid expenses	1,562,470
Total Current	
Assets	.68,535,687
Net property,	
plant & equipment	119,923,313
Deposit with trustees	
Investments	
Other	7,768,508
Total Assets	262,906,029
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
LIABILITIES & NET ASSETS	
Current Liabilities	
Note payable &	
current portion of LTD	
Accounts payable	
Accrued & other liabilities	
liabilities	23,975,844
Total Current Liabilities	
Total Current Liabilities	.48,357,584
Total Current Liabilities Advances from	.48,357,584 909,130
Advances from the State of RI	.48,357,584 909,130 10,000,000
Advances from the State of RI	.48,357,584 909,130 10,000,000
Advances from the State of RI	909,130 10,000,000 87,123,881
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Advances from the State of RI	909,130 10,000,000 87,123,881 347,757 8,540,475

& Net Assets \$262,906,029



Seven Hills Rhode Island (SHRI) Early Intervention (EI) works with families whose young children, from birth to age 3, are at risk for or are showing signs of developmental delays. Referrals can be made by a physician, friend, or the family themselves—anyone concerned that a child is not developing at a normal pace. Once a referral is made, the child is evaluated, and if all the eligibility requirements are met, EI is provided at no cost to the family. The EI team develops an Individualized Family Service Plan (IFSP) that sets the priorities, goals, and outcomes for each child's development. Depending on the assessment, a child may receive occupational, physical, music therapies, and more. EI encourages family involvement in therapeutic coaching sessions that are conducted in familiar, routine settings, such as the home, community, at the child's day care—settings in which the family can implement the therapies on their own. The team typically works with the child and family from infancy until 3 years of age, when the transition to early or special education begins. SHRI is one of nine agencies funded by the state to provide EI. Yet it is a standout in its efficiency and ability to accommodate—always going the extra mile for the milestones that the children and their families are so excited to achieve. *Pictured above: EI participant, Solstice, with her occupational therapist, Jennifer Kertyzak*.

Child & Family Supports

Seven Hills' support for children and families dates back to the 1800s.

- **Early Intervention** is for children, birth to age 3, who are experiencing or at risk for developmental delays.
- Seven Hills Pediatric Centers provide residential pediatric skilled nursing to children with profound cognitive disabilities.
- Adoption Services prepare families for adoption and provide related searches for adoptions completed through Seven Hills.
- Child Care Resources & Referral assists families with child care and voucher subsidies.
- The Child Enrichment Center and Early
 Learning Center provide center-based child
 care and early education for working parents.
- Family Child Care is provided in the homes of licensed providers managed by Seven Hills.
- Family Support and Stabilization helps families build and sustain healthy relationships.
- Supervised Visitation is provided in our Centers, the community, parents' homes, or at a location approved by DCF.



STORY SPOTLIGHT

YOUNG PARENT LIVING PROGRAM

Dawn Lane, residential supervisor of the Young Parent Living (YPL) program's night shift, remembers the call when Ashleigh* suddenly appeared at the program's door, midday. "She had her daughter in her arms and a plan in her head. She knew where she wanted to go, she just needed our help getting there." For more than a year, Ashleigh and her daughter shared a two-bed/one bath apartment with another young parent, benefiting from the program's training, resources, and encouragement. YPL operates on nine steady referrals from the Department of Transitional Assistance (DTA) and seven beds that are funded by the Department of Housing and Urban Development (HUD). Program staff work hard to fill the available beds. "I have my connections, but getting the word out involves the bigger picture," Lane said. "Teens need to know YPL is the place to go when they are pregnant or a new parent." Ashleigh excelled in the program and is thriving on her own, raising her daughter with the child's father. She is pursuing a degree in nursing with plans to become a school nurse so she can be home with her daughter after school. With funding from YPL for the lessons, Ashleigh got her driver's license. She has since bought a car because, according to plan, this girl is going places! Ashleigh summed up her YPL experience in an email to staff: "Thank you for believing in me."

Youth & Young Adults

Seven Hills' programming for youth and young adults keenly focuses on areas of unique and critical need.

- **Stetson School** provides full-time Residential and Education Treatment for males, aged 9–22, with high-risk behaviors, problem sexual behavior, and who may have developmental difficulties, chronic mental illness, and autism spectrum disorder.
- Congregate Care for youth referred through the Department of Children & Families or the Department of Youth Services provides stability as the youth develop their strengths, heal emotionally, and build successful and productive lives in their communities. Seven Hills provides a safe and structured environment where community participation and academic success are emphasized through positive activities such as sports, school clubs, and the performing arts. Models of Care include long- and shortterm intensive group homes for adolescents who have experienced adverse events that negatively impact their functioning at home, school, and in the community. The goal is to stabilize inappropriate behaviors through supervision, daily house meetings, weekly group therapy, and workshops. Comprehensive diagnostic assessments and clinical services including individual and family therapy help reunite the youth with their families or caregivers as quickly as possible.

PEOPLE SUPPORTED



STORY SPOTLIGHT

WORKFORCE READINESS & EMPLOYMENT

Tom S., pictured above, had been independently employed for many years until his position was replaced with automation. When Tom joined the Seven Hills ASPiRE! program at Devens, he was eager to return to the workforce. ASPiRE!'s Community Based Day and Employment Supports program reviewed and refined Tom's social and functional skills through on-site instruction and interactive workshops, work tours and trials, and on-the-job training. In the spring of 2021, Tom began working at Affordable Interior Systems (AIS), a large manufacturer of commercial office furniture. Tom worked in the Group Supported Employment program—a subcontracted crew of participants supervised at the employer site by an ASPiRE! job coach. In the past year, Tom has expanded his skill set and assignments at AIS, advancing from sanitizing and janitorial tasks to product assembly. AIS Management has been so impressed with Tom's performance and professional development that they have encouraged him to apply for an independent position with AIS, able to develop further as a direct AIS employee. We are excited for Tom to experience the reversal of prior regression as a result of changing workforce needs and the pandemic. ASPiRE! will certainly be cheering him on as he continues his independent career path with AIS.

Intellectual & Developmental Disabilities

Seven Hills has been supporting people with intellectual and developmental disabilities (I/DD) for nearly 70 years.

- Family Support Centers (FSCs) provide trainings, activities, and networking for families and their loved ones with I/DD.
- Community Connections offer a variety of sports, recreation, and leisure activities, both on-site and online.
- Transition to Adulthood is a phased, preparedness approach for youth and young adults, aged 13-21.
- ASPiRE! Innovative Lifelong Learning promotes independent choice for participants structuring their day.
- Residential options include group homes, Shared Living, Adult Family Care/RIte@Home, medically and behaviorally intensive homes, and assistance with independent living.
- Workforce Readiness & Employment provides a tiered approach to preparing for, entering, and competing in the workplace.
- Adult Day Health is a therapeutic program with nursing and activities of daily living supports.
- **Day Habilitation** focuses on self-direction, socialization, and communication.

PEOPLE SUPPORTED



STORY SPOTLIGHT

GIVING BACK IS PART OF REHABILITATION

In the years that Seven Hills NeuroCare (SHNC) has supported the rehabilitation of people with acquired brain injuries (ABIs), we have been continually touched by a common thread among so many people across our 20 program sites statewide: A genuine interest in giving back to their communities. For Susan D., pictured above, the act of giving back is preferable to receiving. She is happiest preparing items to be donated to those who need and appreciate them most. In multiple SHNC homes, participants have been invited by organizations to share their life stories with others to help teach important life lessons such as the dangers of driving while intoxicated or the importance of mental health and wellness. People have partnered with their town to participate in community gardening activities. Across the state, winter clothing has been collected for Veterans or hygiene supplies for people in need. Our teams collected food donations for the homeless, donated supplies to the Make-A-Wish Foundation, and delivered Easter baskets full of items collected for children and families suffering from hunger and food insecurity. As we emerge from the COVID-19 pandemic, opportunities to make significant differences in our communities are greater than ever—and with that, profound opportunities for brain injury rehabilitation.

Brain Injury Supports

Seven Hills NeuroCare (SHNC) provides post-acute brain injury rehabilitation for people with acquired brain injury (ABI) and neurodevelopmental disorders. SHNC helps people reclaim their lives by achieving meaningful goals, establishing relationships, gaining independence, and engaging in their communities—Participation is Rehabilitation!

- NeuroCare Residential Programs offer independence and participation at home and in communities while ensuring health, safety, and access to medical care and rehabilitation.
- Brain Injury Clubhouse is a New Bedfordbased, member-directed program where people with ABIs work in small units to manage the day-to-day operations and encourage personal and professional goals.
- The integrated professional team excels in cognitive rehabilitation, rehabilitation counseling, speech language therapy, behavior analysis, psychology, nursing, and coaching/support with vocational, social, and daily living skills.
- Assistive Technology addresses everyday challenges with low- to high-tech solutions.
- Creative Minds provides virtual arts-based workshops, music-based "jam sessions," and community-based activities to create, make friends, and discover new resources.



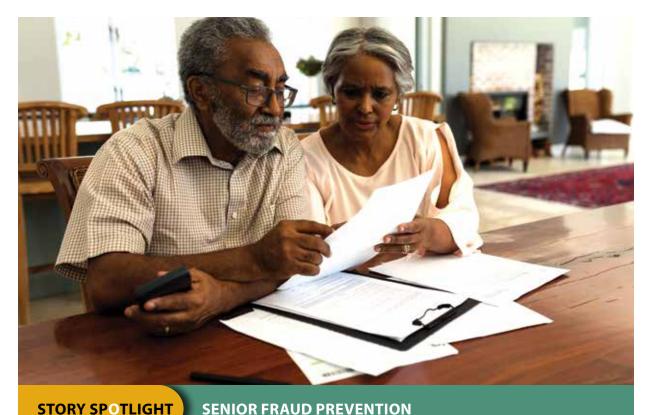
Some of our real-world Community Health experiences come to us full circle. In 2015, a lead staff member received the devastating news that her daughter had been found, deceased. In the throes of overwhelming grief, the staff member took custody of her granddaughter and tried to help the child adapt to life without her mother. It wasn't long, however, before she began struggling with mental health, just trying to keep her family together. The days of struggle turned into months and then years. In 2019, she became homeless and lost custody of her granddaughter. The spiral of addiction and violence that ensued became uncontrollable. Through it all, the Community Health Services (CHS) program never gave up on her, reaching out to her on the streets, and eventually getting her into treatment. She didn't stay and returned to life on the street, which resulted in multiple overdoses. Yet, she survived and, in 2021, successfully completed a treatment program. At Thanksgiving, CHS gave her a turkey basket, filled with all the trimmings. She responded with pictures of the holiday she was able to share with her son in a safe place. She is enrolled with Mass Rehabilitation and pursuing a certificate in addiction counseling. Because we never gave up on her, she is giving back to peers enrolled in Fall River's "post-overdose program."

Community Health Services

Seven Hills' Community Wellness Centers in southeastern MA provide culturally competent community outreach, education, prevention workshops, and health promotion services for men, women, and youth.

- Opioid Overdose and Substance Abuse Education and Prevention A harm-reduction framework supporting people who inject drugs and/or who are struggling with addiction.
- Nalaxone Education and Enrollments High-risk opioid users, their families, and their friends are trained to prevent and recognize an opioid overdose and what to do if it occurs.
- Law Enforcement Assisted Diversion (LEAD) Collaboration with local police agencies to conduct cross-trainings, community referrals, and follow-up care to eliminate OUD stigma, and barriers between communities and police.
- HIV/HCV/STI/TB Prevention & Care Management HIV Screening, testing, and care management, provided in private, confidential settings, help to remove barriers to care and includes transportation when needed.
- testing and vaccines for COVID-19 continue to be administered to the public and promote accessibility through the Mobile Outreach Van.

PEOPLE SUPPORTED



Joseph Horan is the community liaison & special projects coordinator for AmeriCorps Seniors RSVP Volunteers of Central MA, with a keen focus on managing the program's Senior Fraud Helpline. Joe is gaining critical expertise on the rampant extent of scams targeting seniors as he supervises a crew of 15 volunteers who operate the Helpline. It is imperative to get the word out about Senior Fraud—three words to be exact: Recognize, Resist, Report. That is exactly what John* did after being lured by an ad using a gift card incentive to schedule a consultation with LeafGuard gutter protection. John received his first red flag when a contractor showed up for the consultation without identification. The second red flag was the inability to get a written contract for the inflated quote of \$16,000 to cover his square footage of gutter space. The contractor tried to strongarm John into making a financial commitment without anything in writing. Fortunately, John was able to get the contractor to leave without incident, but others aren't so fortunate. Once a fraudster steps foot on your property, they may not leave until they get what they want—your money. John called the Helpline and reported the fraud. Joe was able to personally intercede and filed the appropriate claims. John never got the gift card, but he was saved \$16,000 that would not have guaranteed gutters free of leaves.

| Senior Supports

Seven Hills supports seniors at the various stages of their golden years.

- **RSVP**, part of the AmeriCorps Seniors Volunteers network, recruits seniors, 55+, to share their skills and wisdom to make a positive difference in the lives of others.
- RSVP Senior Fraud Prevention includes volunteering for the Senior Fraud Helpline or the Senior Fraud Players, who educate senior communities about scams and frauds through re-enactments of typical scenarios.
- Senior Companion, an AmeriCorps Seniors Volunteers program, is a peer-to-peer or stipend-eligible opportunity for adults, 55+, to engage with a homebound senior for companionship, activities, and more.
- Home Care provides flexible caregiving options for seniors who live independently, but need assistance with a range of basic daily activities to more skilled supports.
- Adult Family Care, a MassHealth program, or RIte@Home, in Rhode Island, arranges for a senior to live with a caregiver who may be a family member, friend, or other qualified adult who is a non-legal guardian and can ensure safety, socialization, and care with Seven Hills' nursing oversight.
- Adult Day Health is open five days a week and provides seniors with nursing oversight along with activities of choice and socialization.



Kayden Gordon is a remarkable young man who discovered his ear for music, voice for radio, and acumen for business when he endeavored to connect with the outside world from within his world of autism. That was 2018. Today, Kayden is 17, co-owner of the online radio station, Spectrum 23.9, and host of "The Kayden Gordon Show: Today's Best Country Mix." He's a busy teen who balances his career while wrapping up his junior year in high school. How does a young teen with autism make such strides in a relatively short time? "It was a rocky road at first," Kayden said, in reference to getting his big break in online radio. Rewind to 2016, when therapeutic counselors at YOU, Inc. began helping Kayden break through some of the barriers that burden an autism diagnosis. Step by step, then and now, have proven to lead Kayden toward positive growth. With the support of his family and the professionals at YOU, Inc., Kayden put a plan in motion that ultimately connected him to John Graham and Spectrum 23.9. John mentored Kayden who eventually earned his spot in the lineup. He's a natural—at ease interviewing budding musicians from around the world and promoting their original music on air. Kayden plans to attend college and major in Communications. Yet, he's already found his groove as a master of the Country Mix. A college degree will just be the feather in his perfectly fitted cowboy hat.

Behavioral Health System of Care

Seven Hills Behavioral Health (SHBH) has an open door for each person who comes to us for help, connecting them to the supports they need to thrive and be well.

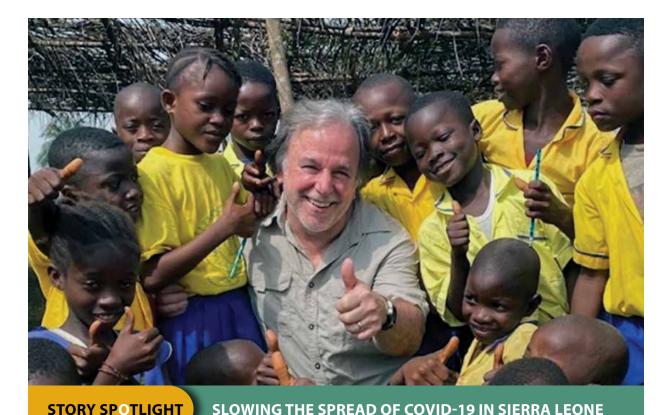
The expertise of our behavioral health providers across the organization offer expanded accessible care, either in-person at one of our clinics, in the home or community, or through telehealth.

Our Family Resource & Family Support Centers, Family Support & Stabilization Services, Comprehensive Health Promotion Services, and Care Coordinators provide wraparound care, support, and referrals to basic needs, and connect clients to resources and services that address all of their health-related challenges.

■ The SHBH System of Care includes:

- Centralized Referral
- Rapid Access & Intake
- Evidence-based, Integrated Mental Health and Substance Use Services
- Primary-Care Screening
- Social Supports including Housing, Employment, Nutrition & Healthy Eating, Education, and Recovery Services
- Health & Wellness Activities
- Support Groups
- Case Management & Care

PEOPLE SUPPORTED



Since 2010, Seven Hills Global Outreach (SHGO) has partnered with local nonprofits in eight developing countries supporting schools, medical clinics, birthing centers, clean water projects, and micro-financing efforts all designed to uplift people out of abject poverty. In August 2021, Seven Hills sent a crate filled with medical supplies and computers to its partner in Sierra Leone to help track and address the country's COVID-19 outbreak. "Amid a seemingly unending global pandemic, it's critical not to lose sight of how this indiscriminate virus is plaguing many impoverished, resource-starved populations abroad. America knows too well the pain and suffering caused by COVID-19 and its variants. However, for unprepared communities where even simple cloth face coverings are scarce, a COVID-19 outbreak is devastating," said Dr. David A. Jordan, President of Seven Hills. Peter Demko, Multimedia Communications Associate, assisted Dr. Jordan in extensive coordination of the shipment. In addition to 23 laptop computers and tablets preloaded with medical reference texts, the container transported personal protective equipment (PPE) including nitrile exam gloves, medical gowns, and face masks to assist local medical personnel to deliver care to over 17,000 individuals supported in the rural central region of the country.

Global Outreach

Driven by the diversity of Seven Hills' staff, Seven Hills Global Outreach supports humanitarian efforts in eight developing nations:

- Ghana partner HOCAP (Home of Care and Protection) is focused on a five-year microlending program with local farmers.
- Kenya partners include the Bethel Outreach Children's Center & School, the Children's Garden Home School & Rescue Center, and Focus Dream Center.
- **Liberia** hospital partnerships are the focus of strategic development.
- **Sierra Leone** partner Zion Ministries has helped establish VIP toilets, clean water wells, a clinic-school campus, maternal-child health clinic, and primary school.
- **Bangladesh** partner RUSTIC is developing a girl's school & training center in the slum.
- **Guatemala** partner ASODILL is developing edutourism and ecotourism in Loma Linda.
- **Haiti** partner Roots of Development supports women's leadership and entrepreneurship.
- **Jamaica** partner Operation Save Jamaica engages with at-risk youth and economically disadvantaged citizens.



SOCIAL ECONOMIC ENVIRONMENTAL

Be the change you wISH to **SEE** In the world

PEOPLE SUPPORTED

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Program Growth through Generous Gifts



UNITED WAY OF CENTRAL MA
COMMUNITY CHALLENGE GRANT

Family Services of Central Massachusetts, Inc.'s Center for Child Care Careers received a \$100,000 MacKenzie Scott Community Challenge grant from the United Way of Central Massachusetts to replicate its successful center-based child development apprenticeship program with Family Childcare Educators (FCE). The Family Childcare Educators Apprenticeship program will train 15 new educators who will then become certified in Worcester and boost the city's workforce by providing neighborhood-based, culturally relevant care. This educator certification also means that 50 local families will have an adult in the workforce and 70 new family childcare slots will be available.



AMELIA PEABODY CHARITABLE FUND

During the pandemic, **Seven Hills Behavioral Health** (SHBH) has been at the front lines providing COVID-19 vaccines, testing, food, rent relief, and other forms of aid to those in need. Unfortunately, pockets of our population were having difficulties getting the vaccine due to lack of transportation and other barriers. Yet, through a generous **\$42,000 grant** from the **Amelia Peabody Charitable Fund**, SHBH was able to purchase a brand-new Mobile Health Van to distribute the vaccine and provide other behavioral health services to help *all* of the people of southeastern Massachusetts fight COVID-19.



The Family Services of Central Massachusetts (FSCM) network of AmeriCorps Seniors Volunteers has been awarded \$203,347 for RSVP and \$245,781 for Senior Companions, both AmeriCorps programs, by the Corporation for National and Community Service (CNCS). Engaging over five million Americans in service, CNCS's mission is to improve lives, strengthen communities, and foster civic engagement through service and volunteering. RSVP and Senior Companions connects volunteers, aged 55+, to use their skills for community-based causes or to provide companionship and assistance to seniors who have difficulty with daily living tasks. FSCM is proud to partner with CNCS to offer these AmeriCorps programs for adults 55+ and retirees who feel they still have a lot to offer to their communities.



The COOL Schools (Creative Outlook on Learning) program of Open Door Arts (ODA) received \$90,000 from the Liberty Mutual Foundation. COOL Schools partners with schools to provide inclusive arts instruction to students of all ages, all levels of experience, and all learning styles. Highly skilled teaching artists are paired with classroom teachers to develop art-integrated learning experiences that support students' academic, social/emotional, and artistic growth, and deepen engagement through a variety of art forms. This generous award helps ODA enhance access to the arts for so many Pre-K through grade 12 students in the Greater Boston area.

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"Giving back to the community makes me feel great. I'd rather give than to get because I was in a place where I needed help and someone was

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